

Translating Research Evidence into Practice to Improve Health Equity: Lessons from a Faith Based Physical Activity Intervention

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Learning Objectives:

- Design studies that collect data relevant to community stakeholders.
- Discuss lessons learned and opportunities to translate evidence-based faith based interventions into practice.
- Identify opportunities and strategies to advance health equity in community settings.

Key Points:

- Disparities and health equity research
 - ◊ Latinas less likely to meet the PA guidelines; increasing PA would help address the low chronic disease rates in this community.
- Evidence based PA programs -- few go to scale
- Best practices of faith based organizations and health promotion
 - ◊ Faith in Action
- Discovery of Dissemination and Implementation science

Thought Questions:

- What inner and outer setting stakeholders would you consider involving?
- What value does the program bring to them?
- How will you determine if the program brings sufficient value?
- What organizational factors would you consider prior to implementing a program?

Notes:



ACCORDS

ADULT AND CHILD CONSORTIUM FOR HEALTH OUTCOMES
RESEARCH AND DELIVERY SCIENCE

UNIVERSITY OF COLORADO | CHILDREN'S HOSPITAL COLORADO

