

Mentoring resources

COPRH

11 August 2020

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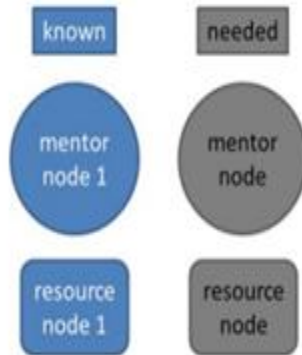


Mentoring Compacts/Written Documents

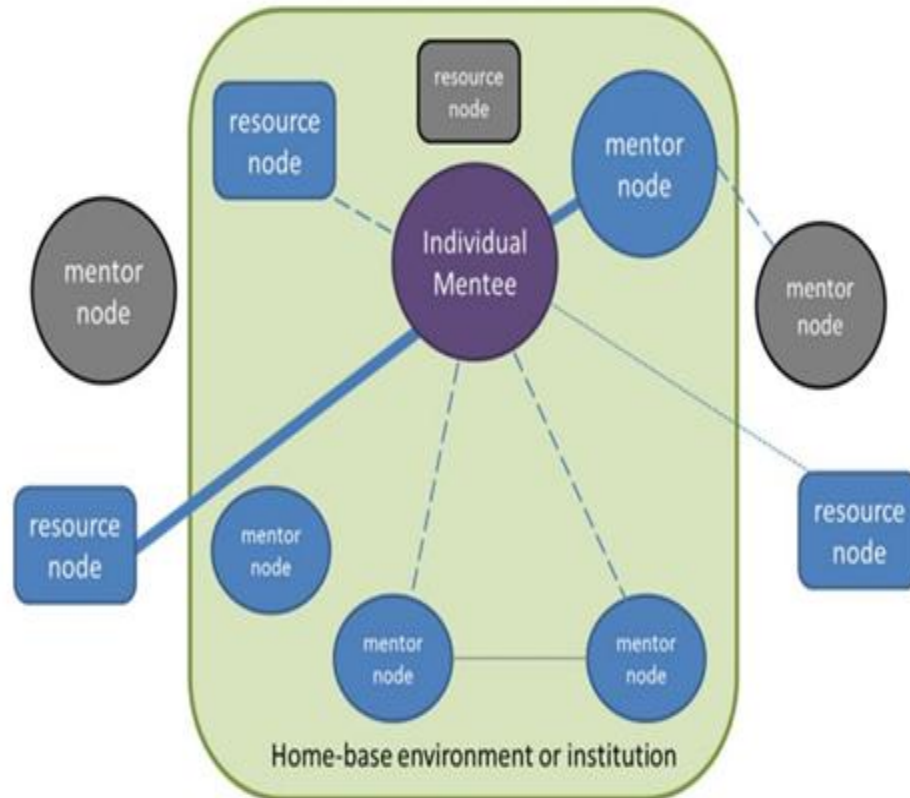
- Allow you to articulate baseline expectations and return to them
- Means of initiating and revisiting discussions of expectation alignment
- Provides a place to describes differing expectations of IS-2 mentor and the local mentor(s)
- Captures expectations specific to individual mentoring relationships, once you start to work together

Mentoring Maps

Mentors/Mentoring Resources



Model Mentoring Network



Resourced from Montgomery, B. 2017 Mapping a Mentoring Roadmap and Developing a Supportive Network for Strategic Career Advancement, SAGE Open.

What Skills Are Essential in Mentoring Up?

- Think and assess what you are seeking from their mentors.
 - Don't expect everything from one mentor
- Shift from thinking about good and bad mentors to the core attributes of effective mentoring relationships.
- Recognize that effective mentoring is not just about mentors guiding mentees, but also about mentees guiding mentors
- Learn more about recent theoretical practical and research advances to guide development of effective mentoring skills.
- Become familiar with key resources to continue building your skills as mentees (and mentors).

CIMER: Center for the Improvement of Mentored Experiences in Research



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CIMER: Providing resources for organizations and institutions to improve research mentoring relationships

Effective research mentoring relationships are critical to developing the next generation of researchers. Learn how to improve these relationships at all career stages and promote cultural change that values excellence in research mentoring as a critical aspect of diversifying the research workforce.

Who are we?

Researchers and practitioners dedicated to improving research mentoring relationships among all career stages of post-secondary researchers.

What do we do?

CIMER faculty and staff investigate approaches for improving research mentoring relationships for organizations and institutions. We develop, implement and evaluate mentor and mentee

News

[UW-Madison Researchers Contribute to NAS Report on Undergraduate Research Experiences](#)

A National Academies of Sciences committee whose members include CIMER's Janet Branchaw

[MORE NEWS](#)

NRMNet: A Platform for Mentoring and Networking



NRMN Applications



MyNRMN

Browse profiles of mentors and mentees from around the country and build your network by connecting with users that share interests with you.

[Take Me There](#)



Guided Virtual Mentorships

Engage in a one-on-one mentorship involving a weekly discussion over the course of 4 months where you and your partner will receive prompts and suggested discussion topics to guide your interactions each week.

[Take Me There](#)



MyTraining

Discover and take part in NRMN programs and events. Use your NRMN calendar to apply to participate in upcoming training programs and workshops, register for online webinars, discussion panels, and more.

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