Planning for Practice Facilitation in Your Research Proposal: What you need to know

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Learning Objectives and Agenda

- Describe how practice facilitation can be used in research projects

- Identify planning elements for implementation facilitation

I.   Practice facilitation

II. Case studies

III. Planning for PF

IV. Activity, resources, and Q&A

What is Practice Facilitation?

o What is PF?

o Key steps for providing PF.

o What a PF would do?

o How do you get started with PF?

o How to incorporate PF into research.

Case Studies

Colorado State Innovation (SIM) Model: Practice Site Experience

- A community mental health center was awarded a SIM contract to deliver integrated behavioral health and medical care

- Initial PF had no prior experience working with behavioral health organizations, behavioral health measures, behavioral health service delivery, implementation did not go well

- Switch to PF with extensive behavioral health experience greatly enhanced PF implementation experience with practice and facilitated milestone implementation

Invested In Diabetes: Research Team Experience

- 24 primary care practices implementing shared medical appointments (SMAs) for type 2 diabetes in Colorado and Kansas

- Initial 5 session PF model with .5 FTE PF for first year of project

- Practices needed more implementation support than 5 sessions
  - Practice staff turnover, problem solving
  - The move to virtual SMAs during COVID-19

- PF extended through 3 years of project

- PF assisted spread of best practices

What does it take to incorporate Practice Facilitation into a project?

COPRH Con
Colorado Pragmatic Research in Health Conference

Planning for Practice Facilitation

Timeline   Dose   Milestones   Measurement

Training   Monitoring   Budget

Timeline

Based upon you own research or project:

How long is the intervention?

How much PF support does your intervention require

Dose

What expectations does your project have for PF interaction with practices?

How often will the PF visit each practice site?

How long will practice site visits be?

Will there be practice connections between site visits (email check ins, phone calls, webinars, etc.)?

Milestones

What objectives drive outcomes in your project?

How can those large objectives be broken down into manageable goals at the practice level?

Are there phases of progression in practice milestones to move practices towards the desired outcome of objective?

Consider how each of these milestones will be implemented and measured

Consider how to move practices through these milestones that align with your project timeline and PF dosing

Measurement

Based upon you own research or project:

- What outcomes are you measuring?

- How will individual practices measure those outcomes?

- How often will practices report measures to the project?

- How will practices use their own data to measure progress and drive quality improvement?

Monitoring

Based upon your planned PF strategy:

How will you know that the PFs are doing what you asked them to do?

How will you monitor progress towards milestones as practices and PFs engage?

Training

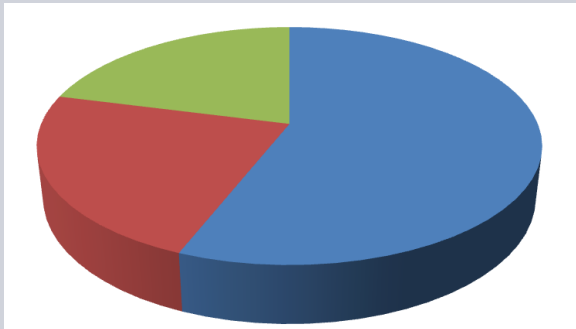How will PFs be trained to support practices in accomplishing the project goals/objectives/milestones?

- Training would include:
  o Overview of grant/project
  o Overview of plan for dose, timeline, milestones
  o Overview of plan for monitoring

May consider interval approach to training:

- What do PFs need to launch?

- What do PFs need for ongoing training and support?

- What do PFs need if practices are introduced to project in cohorts?

Budget

How you define each of the elements discussed should be considered in proposed budget	How much will it cost to field a PF to do all of the work as you have defined, including:
	• Travel • Planning time • Documentation

Questions?

Thank you!