

Scaling Up and Out: Increasing the Uptake of Built Environment Approaches in Community Settings

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Abstract

Changing the built environment to facilitate active transportation and increase access is recommended to increase physical activity levels. Yet, implementing these complex interventions in community settings is challenging. This session will detail methods to assess barriers and facilitators to built environment approaches and select relevant implementation strategies in two state Cooperative Extension Systems, and next steps for scaling out to additional community organizations through rapid methods.

Learning Objectives:

1. Become familiar with using the Implementation Research Logic Model to link determinants to implementation strategies and outcomes
2. Understand multiple approaches to assessing implementation determinants through implementation theories, models, or frameworks
3. Describe methods for rapid scale-out of implementation strategies to new delivery systems

Notes



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Key Points

1. In the national land grant university Cooperative Extension system, contextual factors differ by state.
2. Built environment interventions are new to this system, and implementation strategies are needed to improve uptake.
3. Two different methods were used to assess contextual factors and select relevant implementation strategies.
4. Future studies can build on this research by identifying common and unique barriers to implementing built environment approaches in other community settings.

Thought Questions

In future projects:

1. How will you assess implementation determinants (i.e., contextual factors, barriers/facilitators)? What rapid, rigorous approaches are feasible?
2. What methods will you use to select and tailor implementation strategies?

Recommended References

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Recommended Resources and Tools

[RE-AIM Framework](#)

[Implementation Research Logic Model Template](#)

[Consolidated Framework for Implementation Research: Interview Guide Tool](#)

[Consolidated Framework for Implementation Research – Expert Recommendations for Implementing Change Strategy Matching Tool](#)



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